



Wendy McGean

Retirement Coach • Author • Speaker

Wendy McGean is a PCC-certified retirement coach, writer, and facilitator who helps women navigate the emotional, psychological, and identity transitions of retirement. Her work focuses on designing intentional, meaningful next chapters beyond traditional work identities — where purpose, curiosity, and joy continue to evolve.

Areas of Expertise

- Retirement identity and life transitions • Purpose and meaning after work
- Emotional readiness for retirement
- Aging well and intentional living
- Reinvention and second (or third) chapters

Suggested Media Topics

- Why retirement is an identity shift, not just a financial milestone • The emotional side of retirement no one plans for
- Finding purpose without chasing productivity
- Designing a meaningful life after your career ends

Book

Round Trip: How I Found Myself on Three Wheels

A reflective memoir about transition, courage, and rediscovering identity through a solo cross-Canada motorcycle journey.

Media & Speaking Inquiries

Website: wendymcgean.ca

Email: roundtrip@wendymcgean.ca